

Heal Yourself and Others with Energy Medicine



Quantum Techniques® Client Manual

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The Quantum Techniques Client Manual

2014 Edition

by

Dr. Stephen and Beth Daniel



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Disclaimer

Disclaimer Overview

Quantum Techniques® (QT) is not intended to diagnose, prescribe, treat, or cure any disease, physical or mental.

The use of Quantum Techniques® by a *Quantum Techniques® practitioner* should not be construed as a prescription, a promise of benefits, claims of cures, or a guarantee of results to be achieved.

The information, instruction or advice given by a *Quantum Techniques® practitioner* is not intended to be a substitute for competent professional medical or psychological diagnosis and care. You should not discontinue or modify any medication presently being taken pursuant to medical advice without obtaining approval from your healthcare professional.

As a QT client, you must take complete responsibility for your own physical health and emotional well-being.

Disclaimer Explained

QT consists of self-help coaching techniques and tools, within the category of “energy therapy.” A client learns and uses QT to balance their own body’s energy system with the intention of reducing stress, enhancing overall health, and removing dysfunctions in the body’s bioenergetic system. QT and its *Quantum Techniques® practitioners* believe that it is the client who heals himself/herself, and that the QT tools simply assist the client in this process. Every QT client is unique, and therefore, each client’s experience with QT may be unique.

QT is not a substitute for regular medical or psychological care. QT is not about disease or illness—rather, its focus is on healing and wellness. Medical authorities do not recognize this work as “medicine”. We agree. There are researchers in this area who believe there is a correlation between the detection of certain energetic frequencies and the presence of disease states or organisms in the body. Energy therapies, like QT, may be able to identify the unhealthy frequencies years before a physical disease manifests in the body. As a person heals those frequencies, health is enhanced. Our work, which includes evaluations and scans of the subtle-energy field, is strictly limited to address the imbalances in the subtle-energy field.

For example, in our scans we may talk about the frequencies of virus, bacteria, fungus and parasite issues.

We are only saying that we have often found those frequencies when our clients are in a non healing state. Commonly, people who manifest those frequencies over time experience patterns of deterioration in the way they feel. As those frequencies are cleared and the energy field is balanced, they typically experience a return to feelings of wellness. We cannot determine if the client actually had a virus, bacteria, fungal infection or parasite. We cannot determine if a client actually has Multiple Sclerosis, Parkinson’s disease, Manic Depression or HIV, for example. Testing for that is beyond our expertise. For those determinations, we refer clients to their M.D. or licensed health care professional for appropriate tests.

No one is advised to discontinue or to avoid medical or psychological consultations. There are cases where medical or psychotherapeutic consultations are advised. Don't use these techniques to try to solve a problem where your common sense would tell you it is inappropriate. Since these are self-treatment techniques, we cannot and will not take responsibility for what you do with them. You are required to take complete responsibility for your own well-being both during and after the use of our materials and/or coaching sessions.

Some statements on the Quantum Techniques, LLC / Healing Solutions, LLC web site, manuals and products represent working theory rather than accepted science. *Quantum Techniques® practitioners* practice as bioenergetic consultants, not as licensed medical doctors, psychologists, psychotherapists, chiropractors, lawyers, nutritionists, or naturopaths. Although these techniques are being used by therapists, health professionals and lay people worldwide, the practice of QT and bioenergetic consulting is not currently regulated by any licensing board in the United States. Any spiritual counseling provided by *Quantum Techniques® practitioner* is not part of any recognized religion.

We have not personally experienced any adverse side effects when applying the gentle techniques of QT when the treatment protocols and suggestions were followed. This does not mean, however, that you will not experience or perceive negative side effects. If you use these techniques on yourself or others, you must agree to take full responsibility for your own well-being and you are required to advise others to do the same.

You must understand that while an energy healing approach is a safe self-treatment method, with a substantial body of clinical experience showing no serious side-effects when properly administered, it is possible, with any form of healing, that unresolved memories and related emotions and sensations may be brought into your awareness. It is possible that this emotional material may continue to surface after the coaching session and require further self-treatments or coaching sessions. It is also possible that previously traumatic memories may lose their emotional charge, and this could adversely affect your ability to provide legal testimony that carries the same impact as it might have prior to treatment. In some rare cases, clients with chronic illness have reported some mild healing reaction symptoms as their body releases stored toxins. Typically this is short lived and can be addressed with another coaching session or self-treatment protocol.

Hold Harmless Agreement

You must agree to hold harmless Stephen Daniel and Beth Daniel, the originators of Quantum Techniques, LLC and Healing Solutions, LLC , all *Quantum Techniques® practitioners*, and anyone affiliated with QT from any claims, liability, or loss incurred directly or indirectly by you (or anyone you may teach or seek to help using QT) as a result of the use or application of any techniques or methods learned from a *Quantum Techniques® practitioner* or Quantum Techniques, LLC / Healing Solutions, LLC product.



Quantum Techniques Client Manual

Heal Yourself and Others with Energy Medicine

Introduction - Energy Medicine

What is Quantum Techniques®?

Since 1997, our commitment at Quantum Techniques (QT) is to teach and to equip people with the necessary knowledge and tools to bring healing to ALL aspects of their lives and the lives of others. QT is an advanced form of energy medicine done remotely, over the phone, with people all over the world for all non-healing issues. Our work is based on the principle that “what the body can see, it can heal.” QT does not treat symptoms, but addresses the cause of the symptoms and what is blocking the body from healing. Ultimately, all dis-ease and dis-tress manifests due to separation and lack of communication: separation from ourselves, others, the Divine; Separation and lack of communication within our body systems, specific organs and at a cellular level. We are experts in diagnosing and clearing all blocks to healing, both physical and non-physical in nature. QT brings Light, reconnection and movement into all of these blocked areas within the body and energy field. Because of the comprehensive nature and diagnostic capabilities of QT, we are often called upon by those with complex chronic conditions and pain that have not responded to any other form of traditional or alternative healing methods.

RESULTS ARE QUITE PROFOUND, IMMEDIATE AND LONG LASTING. THE TREATMENT IS SO QUICK, IT'S SIMPLER TO EXPERIENCE THAN TO EXPLAIN.

QT takes the theory and teachings of generations of spiritual masters, healers, scientists, physicists and philosophers and moves it into practical reality in daily Miracle healings.

Quantum Techniques® makes Miracles commonplace.

BECAUSE IT DOESN'T HAVE TO BE THIS WAY.

During a session with a QT practitioner, all physical and nonphysical issues are “scanned.” The practitioner energetically corrects whatever they find during the session. At the end of the session, you are given a treatment code, which is a series of unique acupuncture points, for your issue or issues. Each time you re-read the code, it is as if you are being “re-treated” by the practitioner. This has clear advantages over most treatments where you have to go and have an appointment. You can read the code and heal yourself an unlimited number of times per day between sessions.

With the use of QT's self-treatment or generic codes, as in this manual, it is like buying a suit off the rack. Many times it will fit just fine, but, sometimes you need it tailored. The generic codes contain the most common informational fields for the issues they correct. As with all of QT, if your body doesn't need the information in the codes, it will ignore it. The codes do not cause harm. You can read them as often as you like. If you are reading a code consistently, and, it no longer feels effective, then you need new information to be added to the code or you need a new code. Self-testing or calling a practitioner will give you the answer you need to find the missing piece of information.

Scientist Bruce Lipton, Ph.D., whose work integrates quantum physics with cell biology, has proven, on a cellular level, that the body is either in a love / healing mode or a fear / protect mode. Unless the trauma / beliefs / emotions locking in the fear state are addressed, healing will not be permanent. The healing codes in QT, along with the reconnection of many healing circuits in the body, puts the cells of the body into a healing mode and keeps them there!

The research below shows that it is the frequency, not the coarse chemical properties, that affect healing. Quantum Techniques® follows these same principles by providing the body the necessary frequencies to heal. It is the crude chemical properties of the medications that are causing death and other side effects in

allopathic medicine. When you work with frequencies, there is no harm done.

Savely Yurkovsky M.D. in Biological, Chemical and Nuclear Warfare writes:

It is well known that placing colloidal particles of silver into a beaker of water that contains bacteria will kill the bacteria. What is not so well known is that placing these colloidal silver particles in a nearby gas discharge tube, and focusing the electromagnetic emissions from such an operating tube onto the beaker, will also kill the bacteria. Thus, physical contact between the bacteria and the silver is not a necessary condition for killing the bacteria. Further, if one looks at the optical spectrum of silver and then combines the magnitudes of the optical output for several light sources of different frequencies so as to closely simulate the silver spectrum, such a beam of electromagnetic radiation will also kill these bacteria. Via this simple example we see it is the specific information pattern inherent in the silver atom and not the physical contact that is killing the bacteria.

Lynne McTaggart in *The Field: The Quest for the Secret Force of the Universe* describes a research experiment in which a digitalized frequency of the drug heparin was emailed across the United States and then played on a computer with a sound card. The response of pig hearts exposed to the digitalized sound was the same as if they had been injected with the drug itself.

“THE IDEA OF A MICROBE AS A PRIMARY CAUSE OF DISEASE IS THE GREATEST SCIENTIFIC SILLINESS OF THE AGE.”

~PIERRE ANTOINE BECHAMP
FRANCE (1816-1908)

We believe the body has the intelligence to heal itself, but that this healing process sometimes becomes dysfunctional due to various forms of interference. This interference may come from being overwhelmed by food or environmental toxins, or it may be due to generational vulnerabilities or miasms, destructive beliefs, malevolent intentions, malnourishment, dehydration, negative self-statements, chronic negative behavior patterns, unresolved conflict, trauma, spiritual discord and attachments, structural misalignment, pathogens (including parasites, fungus, virus, mycoplasma, and bacteria) and iatrogenic causes (bad reactions to inappropriate intervention.)

Research has demonstrated that what a person eats can dramatically alter moods and emotion as well as trigger allergic reactions in the body. It is then important to identify food sensitivities, and this is done very simply and quickly using Quantum Techniques® in the first session. The best form of healing is to remove

BRINGING HEALING
TO CHAOS

whatever is hindering the body from healing itself and reconnect the missing information with the body's healing intelligence. Again, “what the body can see, it can heal.”

Some problems are more complex than others. Interestingly, the duration or severity of the problem is not always the reason for the complexity. Many times very intense, even life-long problems are helped dramatically in one session.

Often, what seems like one problem is actually a series of separate issues. When we get all of the facets of the various problems, then we usually get complete relief. We cannot tell until after we begin helping you whether it will be very fast or more complex. We will do our best to help you get better as quickly as possible. Do not be discouraged if you do not experience complete symptom removal immediately.

“WE ARE AT OUR BEST WHEN WE GIVE THE DOCTOR WHO RESIDES WITHIN EACH PATIENT A CHANCE TO GO TO WORK.”

~DR. ALBERT SCHWELTZER

Our experience is that energy treatments, when complete and containing all aspects of a problem, always work. This means if you are not

noticing significant improvement, we will never blame you or say that you are imagining the symptoms. Stay with it, and let us work together to search for the physical, emotional, spiritual, toxin, relational, frozen trauma fields and conscious/unconscious conflicts that are blocking your healing. It is critical to realize that often what caused a problem is different from what is blocking the body's ability to heal the problem at the current moment.

QT's trauma work is very rapid and simple. There is no need to re-live the trauma, and, once healed, the trauma and stress does not return. QT heals the emotional issues involved in chronic symptoms and pain and heals the contributing conflicts that are held in the unconscious blocking healing. Often, for example, there is a fear of who you will become once the illness or issue is finally healed. For people who have suffered for a long time, the symptoms or "diagnosis" has become a major part of their identity and influences how they get needs met and how they interact with the world. When the body is not healing, it is holding the belief, at a cellular level, that the world is a dangerous place, amongst other blocking beliefs about the self, others, the world, and the Divine

Illness is often an attempt by the unconscious physician to create a healing space to allow us to gather the broken parts of our heart for healing. As healers, we need to hold that space for our clients, and help them gather and love the broken parts of their hearts. People do not heal from profound disease without a profound shift in their world view and in how they see themselves and others. ~Stephen Daniel

At QT, we constantly continue to learn new and exciting ways of healing. Each year, we add two to four new "scans" to use with clients to help them heal more and more rapidly. So, if you haven't tried QT for a year or more, you will experience something new if you try it again. We believe, as do other alternative practitioners, that illness is first manifested in the energy field prior to becoming physically manifested in the body. Therefore, besides effecting healing, our desire is to be able to balance and correct problems in the energy field before they take hold as physical disease.

The majority of clients who come to QT are dealing with some type of chronic condition, pain, trauma or illness. However, once those aspects are healed, most clients continue a healing relationship with QT where their practitioner functions as an "energetic" chiropractor, nutritionist, therapist, energetic First Aid for structural issues, flu and colds, allergies, burns, stings, bites, food reactions, food poisoning, etc., and a veterinary consultant....all from an energetic perspective, of course!

Many clients are inspired to learn the QT work for themselves and others and are able to do this through accessing the wealth of products in our store and on our web-site, plus listening to and saving their recorded sessions with a QT practitioner.

"DISEASES ARE TO BE DIAGNOSED AND PREVENTED VIA ENERGY FIELD ASSESSMENT."

~GEORGE CRILE SR., M.D.
FOUNDER OF THE CLEVELAND
CLINIC (1864-1943)

What Is Energy Medicine?

Energetic medicine, or bioenergetic consultation, is the practice of assessing and correcting health issues by way of the body's energy system, allowing the body's own immune system to do its normal healing work. The body's energy system has been a fundamental part of traditional and alternative medicine for many, many years. An EEG measures the electrical activity of the brain similar to the way in which an EKG measures the electrical properties of the heart. When the paddles are used to revive someone in cardiac arrest, it is with the accepted knowledge that the body and heart run on electricity. Over the past 50 years, the alternative health community has also effectively used various electrical methods, such as electronic acupuncture machines, to assess various illnesses through the energy system of the person. In fact, without the use of the body's energy system for assessment purposes, modern traditional medicine would be set back 50 years or more. Energetic medicine takes an additional step by using the energy system for correction purposes as well as for assessment.

"IT IS POSSIBLE THERE EXIST HUMAN EMANATIONS THAT ARE STILL UNKNOWN TO US. DO YOU REMEMBER HOW ELECTRICAL CURRENTS AND 'UNSEEN WAVES' WERE LAUGHED AT? THE KNOWLEDGE ABOUT MAN IS STILL IN ITS INFANCY."

~ALBERT EINSTEIN
(1879-1955)

Why Work With the Body's Energy System?

Atoms are made up of electrons, protons and neutrons. They are electrical particles. All herbs, vitamins, medications and healing products are made up of atoms. Hence, they are all electrical, and each produces its own unique frequency. (Everything electrical MUST have an electrical frequency!) Therefore, all healing of ANY kind involves energy. What's more, the energy seems to be the primary issue. Every cell in our body MUST have energy or it dies, even if the tissue, bones, blood and chemicals are all fine. String Theory (the newest hope for a unified theory of matter) states that everything (rocks, air or body tissue) is made of tiny strings of energy, each with its own unique frequency.

Savely Yurkovsky, M.D., founder of Field Control Therapy (FCT) states that the energetic domain is the most fundamental in the regulation of homeostasis and is the true source of health and disease. He notes that we cannot have disease without first having an energetic disturbance in the cells and organs, which renders the energy flow ineffective. He further states that there are three predominant regulating domains in the human body, all of which are energetic in nature: (1) Electromagnetic, (2) Electric and (3) Biochemical. Every cell in the body has electromagnetic fields (EMF), electricity and biochemical make-up. Electrical fields carry information data. Each cell contains field data. Each thought field contains data.

"ALL LIVING ORGANISMS
EMIT FIELD."

~SEMYON D. KIRLIAN
U.S.S.R. (1900-1980)

There are data fields that are passed on through the generations through a phenomenon known as isomorphic resonance. There are data fields larger than people in the universe. In people, some energy forces are easily measured with instrumentation, while other energy fields are very subtle, requiring the body itself to be the resonant measuring instrument.

What Is Bioenergetic Testing?

People have basically two options in health care. They can choose a modality that covers up or suppresses the symptoms, or they can choose an intervention that seeks out the cause of the problem. With the latter method, the reason for the failure of the immune system is addressed, so that the body can heal itself as intended by the Creator.

The question is how to assess the root of the problem. Most tests merely identify and quantify the symptoms of the real problem. The answer is found in bioenergetic testing, which identifies the body's stress reactions to various domains. Although Dr. Savely Yurkovsky uses a resonant bioenergetic testing method that is dif-

ferent from Quantum Techniques® (QT), he states, “Bioenergetic testing is, in my opinion, the most sensitive single diagnostic tool that exists in the world today.”

He further states so eloquently:

“I must tell from my own personal experience in reviewing the great body of literature that exists in the world today in various countries on the subject of bioenergetic testing, that when properly performed, it is far superior to any diagnostic modality that exists today in the world. It is far superior, in my opinion, to any blood, laboratory, or imaging techniques in the sense of the depth of the penetration that these tests are capable of and their ability to register even minute deviation in bio-cellular fields that take place on the cellular, sub-cellular, and intracellular structures, including the DNA.”

One might have the correct combination of chemicals, vitamins, minerals, water, protein, carbohydrates, fats, etc., but none of these functions properly when there is miscommunication within the body’s energy field. For example, every diabetic has miscommunication about their insulin. A client with multiple sclerosis always has miscommunication about their myelin sheath. With chronic PMS and menopausal symptoms, the body has miscommunication about its sexual hormones. QT addresses this core issue by reinstating proper recognition and communication within the body.

“VERILY IT IS EASIER FOR A CAMEL TO PASS THROUGH THE EYE OF A NEEDLE THAN FOR A SCIENTIFIC MAN TO PASS THROUGH A DOOR, AND WHETHER THE DOOR BE A BARN DOOR OR A CHURCH DOOR, IT MIGHT BE WISER THAT HE SHOULD CONSENT TO BE AN ORDINARY MAN AND WALK IN RATHER THAN WAIT TILL ALL THE DIFFICULTIES INVOLVED IN A REALLY SCIENTIFIC METHOD ARE RESOLVED.”

~SIR ARTHUR EDDINGTON

As Chinese medicine has taught for the last 5000 years and as the latest discoveries of science are confirming daily, Dr. Yurkovsky points out that “The normal energy flow in a person’s body carries a primary role for his or her proper maintenance of physiology and homeostasis.”

All health issues follow the energy like a row of dominoes follows the first domino. When non-toxic and non-invasive corrections of the energy system are used to heal, the absolute bottom line root cause of the problem can be corrected

- the first “domino.” When working with the body’s energy system, one is simply removing barriers to the body healing itself as it was designed to do with miraculous efficiency. All health problems have a toxic or aberrant frequency in the involved cells. A healthy liver cell has a different frequency than a diseased liver cell in the same person. If the unhealthy frequency can be changed to a healthy frequency and maintained, the cell will heal and become a positive force to all surrounding cells. This is the goal of energy medicine.

“ALL MATTER IS ENERGY FIELD.”

~ALBERT EINSTEIN
(1879-1955)

Energy Medicine versus Current Mainstream -A Comparison

Reductionistic (Western) Medicine takes a complex set of components and reduces them to simple terms. This leads to the development of a synthetic chemical that is reduced from a complex natural source to its key ingredients, with the hope of achieving pharmacological success. In doing so, the support structure built into the natural source is eliminated. One example is that of Valerianaccae, from which Valerian tea is made. This naturally occurring part of a plant has been used for thousands of years to induce sleep and decrease stress. Reductionistic medicine sought the key ingredient from the plant and created synthetically

derived Valium.

The use of the synthetic Valium resulted in serious side effects, and society has had to deal with a significant number of Valium toxicity cases. The synthetic reductionistic process thought to be a solution caused a significant social problem. This process robs the Valerian tea of synergistic components such as vitamins, minerals and trace elements needed to balance the naturally occurring reaction in the body. Over 30 clinics

"THE PHYSICIAN SHOULD LOOK FOR THE FORCE AND NATURE OF ILLNESS AT ITS SOURCE. HE IS NOT TO LOOK TO THAT WHICH CAN BE SEEN, FOR WE ARE NOT CALLED TO EXTINGUISH THE SMOKE BUT THE FIRE ITSELF."

~THEOPHRASTUS PARACELSUS, M.D.
SWITZERLAND (1493-1541)

have been established in America to deal with Valium addictions. Valium toxicity has become one of the greatest chemically induced diseases known, and yet there are no medical records anywhere in the world documenting any Valerian tea toxicity or overdose.

In the same way, Quantum Techniques® correct health problems synergistically. The QT process simply seeks to identify and eliminate problems in the body's energy system that are preventing the body from healing itself as it was designed by God to do. We receive all of our information from the body (not a standardized manual), and we do nothing invasive.

Reductionistic (traditional) methods seek to find the malfunction and force the desired symptom reduction. This is usually accomplished through cutting, burning or poisoning.

The point is further expounded on by Dr. Yurkovsky:

I have never seen anyone completely cured of chronic infection by pursuing and treating exclusively the biological agent – either through pharmaceutical or homeopathic remedy – because biological agents do not make people sick in the first place. But people who acquire biological agents and retain them on a chronic basis are already sick, and that is the reason they fall prey to the biological agent. Classical medical treatments skip the deeper, more fundamental layer, which stems from the fact that the person's lymphatic system, immune organs, organs which constitute the reticular interferential system, are polluted and invaded by pernicious environmental factors – especially heavy metals – and are not able to compensate or detoxify – perhaps because of generational weaknesses or miasmatic phenomenon or lifestyle deficiencies as poor diet – high refined products, alcohol, deficient sleep, emotional problems, or excessive stress. One cannot focus on just one pernicious agent, but must strengthen the immune organs.

The Biology of Belief

In his video, *The Biology of Belief*, (www.brucelipton.com/store) cell biologist Bruce Lipton, Ph.D. describes how the body is digital in nature. It either codes and prepares for danger, i.e. fear/protection, or for growth, i.e. healing/love. The greater the percentage of the body's cells that are in protect mode, the less is available for growth and healing. He clearly shows how our beliefs shape and change our DNA. The body's cells have antenna that receive messages from the environment and our brain. When we focus on fear, our body goes into a defense mode and becomes sympathetic dominant. When this occurs, blood supply is diverted out of the viscera and frontal brain and into the large muscles of the legs and arms and into the primitive or instinctual hind brain.

The body is extremely efficient and practical. If a person is responding to the environment as if being chased by a tiger, the body does not believe it is important to waste energy thoroughly digesting food or supporting the immune system against viruses, bacteria, internal parasites, etc. It is focused on moving quickly

and instinctually versus rationally. Therefore, in the fear state, blood flow is reduced to the frontal cortex and shifted to the more primitive hind brain. If, because of our beliefs, this becomes a chronic state, then our digestion and immune function becomes drastically compromised as less and less energy is available to support these functions. Eventually the cell membrane begins changing the DNA and only coding for those

"BODY CHEMISTRY IS GOVERNED
BY QUANTUM CELLULAR FIELDS."

~PROF. MURRAY GELL-MANN
NOBEL PRIZE LAUREATE, USA

proteins that support protective functions. It becomes critical that we find a way to put the majority of the body's cells into a growth healing mode, focusing on love versus fear. In doing this, we will quickly move the body into autonomic balance which supports digestion, immune function and health.

An Unhealthy Trend

Over a decade ago, Professor Bruce Pomerance of the University of Toronto concluded that properly prescribed and correctly taken pharmaceutical drugs were the fourth leading cause of death in the USA. More recently, an article authored in two parts by Gary Null, PhD, Carolyn Dean, MD, ND, Martin Feldman, MD, Debora Rasio, MD and Dorothy Smith, PhD, describes in excruciating detail how the modern conventional American medical system has bumbled its way into becoming the leading cause of death and injury in the USA (www.mercola.com).

From medical errors to adverse drug reactions to unnecessary procedures, heart disease, cancer deaths and infant mortality, the authors took statistics straight from the most respected medical and scientific journals and investigative reports by the Institutes of Medicine and showed, that, on the whole, American medicine caused more harm than good (www.mercola.com).

"TREATING HUMANS WITHOUT CONCEPT
OF ENERGY IS TREATING DEAD MATTER."

~ALBERT SZENT-GYORGYI M.D.
NOBEL PRIZE LAUREATE
HUNGARY (1893-1986)

In addition, individuals today have over five hundred different insecticides and herbicides in their cells. There is five times more DDT in the cells of every person in America than what we thought was safe ten years ago. There is over ten times more strontium 90 in the bones of every person in America than was considered safe ten years ago. Environmental toxicity and its affect on the body has now become an area

of study due to its pervasiveness in the world today. In the past, there was no need for "environmental physicians." Petrochemical toxins, vinyl plastic toxins, heavy metal toxins and electromagnetic radiation and the like put the body under more bio-chemical stress than was thought to be survivable in the recent past.

Today, many sufferers of environment illness are written off as psychological cases, and their suffering is discounted in traditional medicine. We believe these sufferers of environmental illness are the "canaries" of our society. (In olden days, miners would keep canaries in the tunnels to warn them when the air was toxic. The birds would die first, giving the miners a chance to escape with their lives.) Today, those individuals with environmental illness are indicating that our environment is becoming too toxic for us to live in and remain healthy unless we take steps to safeguard our energy systems.

The current level of toxicity in the environment, externally and internally, has resulted in a great increase in conditions such as: Alzheimer's, Parkinson's, Multiple Sclerosis, fibromyalgia, cancer, autoimmune disorders, Attention Deficit Disorders and Autism Spectrum Disorders.

Mainstream medicine has a more narrow focus because it is based upon reductionistic Newtonian thought, focusing on a single cause of disease. Stress, pathogens, trauma and toxicity present a complex set of variables that combine to cause disease. Many diseases are not the result of a single factor but represent a

systemic dysfunction that is the result of multiple variables affecting the body.

Quantum Techniques® operates with the approach of balancing the body as a whole: energetically, physically, emotionally, mentally, relationally and environmentally. Our work assists the body in physical and emotional detoxification and strengthens the detoxification pathways. Energy medicine, like QT, is growing vastly in popularity around the globe. There is only one reason for this – it works! Quantum Techniques® can be applied to poison ivy, cancer, trauma and virtually everything in-between. It addresses the energetic cause of the dysfunction. Quantum Techniques® is fast, effective and noninvasive. In the long run, it is much more cost effective than modalities that never address the root causes of illness.

"FUTURE MEDICINE WILL
BE BASED ON CONTROLLED
ENERGY FIELDS."

~PROF. WILLIAM
TILLER, PH.D.
STANFORD UNIVERSITY

What Do Symptoms Mean?

For those with chronic symptoms, the symptoms or illness is always an attempt at communication. The body or mind will continue to be sick as long as illness is the only way to communicate with the conscious personality. Chronic symptoms, whether physical or emotional in nature, are communicating an interpersonal message to someone in the client's past or present. This is often an intra-personal communication to them as well. Until these issues are uncovered and healed, and the underlying needs are met, the body will not heal. The message the symptoms are screaming is one of the following:

1. A need to set a boundary. A need to say "No" to someone or something, past or present. For example, every time Mary's extremely critical mother-in-law came over to her house to "advise" her on every aspect of her homemaking, Mary became nauseated and threw up. This forced the mother-in-law to leave. Mary cannot "stomach" her mother-in-law's "help". As a dutiful daughter-in-law within her culture, she cannot say "No," so her body does it for her. As with many symptoms, this became generalized to whenever Mary felt criticized or stressed. After a Mayo Clinic workup found nothing, she came to Quantum Techniques®. Upon resolving the original trauma and setting conscious limits on her mother-in-law's "helpful" suggestions, Mary's symptoms went away.

2. A cry for a need to be met. Andrea developed "Multiple Sclerosis" in her mid 30s. Upon a psychological interview at her neurologist's request, one of the authors noticed the phenomenal degree of attentiveness her engineering husband had to her every need and whim. He commented to Andrea that he had never seen an engineer so compassionate and attentive to others. Andrea replied, "Oh, it wasn't that way for years! I had to beg for anything, and it still didn't matter! I thought I would die for lack of love and affection!" When asked when her husband's behavior changed, she replied, "When I developed MS." Andrea truly wanted to get well. She completely released her symptoms as she was able to dialogue with her husband to get her needs met. Her body no longer had to produce symptoms. She continued to dialogue with her husband when she was healthy.

3. A cry to go back and heal an old trauma in the person's life. Often symptoms are actual body memories of a past trauma. Steve had suffered from intense migraines for years. He had a number of significant head and neck injuries that weakened that area of his body. Healing did not occur until all of the frozen trauma fields carrying multiple childhood, adulthood and in utero trauma came forward for healing. After many layers of parts were healed, there was a significant change in his migraines. Headaches are the most common symptom and signal that the conscious mind is trying to block emerging memories from coming into the person's awareness.

4. A demand that the person address and resolve a conscious conflict in his or her life. Marylyn's mother died of breast cancer. Marylyn developed breast cancer at age 41. It became abundantly clear that she was

living in a conscious conflict. She had a 19-year-old drug addicted son living in the home. He was stealing from the family and being emotionally and physically abusive to Marylyn and his siblings. Because a good mom would never kick out her son, she refused to tell him to leave. The emotional suffering of being abused by him and watching him hurt others was unbearable. It was “eating her up”. Marylyn’s cancer became terminal and provided the solution to the “unsolvable” dilemma that her conscious mind was unwilling to address.

They were caretakers for Scott’s elderly and ailing parents in a home owned by both Scott and his parents. Scott developed cancer in his pancreas and colon. Scott immediately began QT treatments and supportive nutritional products. The key to Scott’s recovery was in dealing with a lack of forgiveness of a family member and resolving the conscious conflict in their home. Scott and Amy spent their days taking care of his parents and left no time for them. The day after learning of the cancer, Scott and Amy committed that they were willing to put his parents into a care facility, if needed. They made plans for an extended vacation and hired care providers during the day time. Today, Scott has no evidence of cancer and has used no other forms of treatment.

5. A symbolic representation of a conscious or unconscious belief that is blocking healing. Some examples of these beliefs would be:

- a) Pain – “I deserve punishment”
- b) Blindness – “I must turn a blind eye to mom’s behavior and manipulation.”
- c) Hearing loss – “I can’t stand to hear criticism or someone’s screams.”
- d) Vaginal discomfort/infections – “I am not safe in sexual relationships.” “I need to protect myself.”

Always look at the metaphorical meaning in the particular symptom or organ affected in the illness. Is there a chronic bladder problem because you are “pissed off” at someone in your life? Are you carrying so much old pain that you have a “broken heart?” Is terminal cancer a solution to an unsolvable dilemma in a person’s life? Is your spinal instability (i.e. inability to hold chiropractic adjustments) due to the instability and lack of support you feel in a relationship?

Often the attempt at communication is meant for someone in the past. The frozen trauma fields live in a time warp and may not have any current information available to them. For frozen trauma fields there are no memories; everything for them is a current event. You will find many cases where the symptom is no longer needed once the body realizes the person is safe and not a small helpless child anymore. An example of a communication to someone in the past is the following:

Alice developed blindness in one eye and many other “MS” symptoms. The neurologist could not make a clear diagnosis. Alice came to QT to seek answers. Her mom had been cruel to Alice as a child and felt ashamed that her daughter had become a psychologist. Alice, being a dutiful daughter, tried to turn a “blind eye” to her mother’s verbal attack at her chosen profession. When Alice came to therapy with QT, she had been blind in one eye for three years. Her mother had died two years previously. When asked what would change if she fully recovered, she replied that she would return to her chosen profession. We used this protocol and an individualized QT code to treat the blocking beliefs, shame, trauma and various physical components of her “illness”. We also had Alice complete a grieving ritual releasing her mom. Alice called back three months later, after a single session of QT, reporting that her neurologist had given her a clean bill of health. She no longer needed the symptoms to protect her and send her mother a message.

Chronic symptoms are always communicating a message. These messages include:

- Expressing a conscious conflict

- A need to set a boundary
- A cry for a need to be met
- A cry to heal an earlier trauma
- A symbolic representation of a blocking belief

Policies and Paperwork

Guarantee

Many issues, such as those involving pain and emotion, heal immediately with Quantum Techniques®. More complex issues, involving autoimmune disease process and chronic illness, can take longer to resolve. However, even individuals with chronic conditions typically feel a significant shift after their first session.

Due to the nature of Quantum Techniques® and its high effectiveness, we make the following guarantee: We will have a phone session with you for your issue and let you experience the results overnight. If you do not believe, after overnight reflection, that you are dramatically better or that your chronic condition will benefit greatly from this work, we will fully refund your initial payment of fees. This is a one-time guarantee, and you must make this determination within 24 hours of your first session. If you choose to continue sessions, no refund will be available.

Of course, no one can promise healing in advance nor tell a person how long it will take and how much it will ultimately cost for healing. Anyone who makes such claims is unprofessional at best. QT is the most rapid and comprehensive healing method we are aware of today and we will give you 100% of our effort every time.

Billing Policy

These are our policies regarding billing and payment:

1. All accounts must be paid in full with a credit card (VISA, MasterCard, Discover, or American Express) or a debit card (having a VISA or MasterCard logo on it).
2. Invoices incurred between the 1st and the 15th of the month will be charged to the client on the 17th of that month. Invoices incurred between the 16th and the last day of the month will be charged to the client on the 2nd day of the following month. Statements for the previous month are mailed to clients after the billing on the 2nd day of the month is complete.
3. The size of our practice requires that we use an automated billing system. We can no longer make special billing arrangements unless the client is willing to pay for the cost of those arrangements. With the exception of issues involving a credit card expiration date, each client will be billed \$20.00 for each instance where collecting what is owed cannot be fully performed with our automated system. This includes, but is not limited to: declined credit cards, not paying off the full balance, repeatedly using multiple cards, etc. Because we understand things can happen, we will allow one instance free per client.
4. To save natural resources, we are emailing billing statements to clients with an active email address rather than using postal mail.
5. It is the responsibility of the cardholder to inform us promptly of any changes of credit card, new expiration dates, etc. Report these changes to Cheryl De Mauro as listed below.
6. It is the responsibility of the client to track their own minutes-per-session and session dates/charges. Please feel free to ask your Quantum Techniques® practitioner for this information at the end of your session(s).

Problems with your account, questions and other billing-related issues should be discussed with our Cus-

tomers Service, which can be reached in these ways:

Phone:	(928) 771-1215
US Toll Free:	(888) 767-8002
E-Mail:	cheryl@quantumtechniques.com
Fax:	(928) 771-1403

Fees

Because of the intense and lengthy research and development that has gone into this work, its high success rate and the accessibility of our practitioners, we charge by the minute. We have not increased the charges for our work for 16 years, even though we are much faster and the work is much more powerful and comprehensive. For the latest session rates, please visit our website at <https://www.quantumtechniques.com/quantum-techniques-session-fees>. Minutes used are billed to your credit card. As mentioned earlier, we refund the entire amount if the client is not dramatically better at the end of the first session. That is a one time offer and must be requested within 24 hours. We do not refund fees after that period.

The first session is typically the longest session and varies in length depending on the complexity and number of issues treated. It usually ranges from 30 to 60 minutes and would include testing for food and environmental toxins. In order to help keep your subsequent session's duration to a minimum, we suggest emailing your Quantum Techniques® practitioner an update on your condition prior to the consultation (one page, maximum). Quantum Techniques® practitioners do not charge you for their preparation time leading up to the session, but once the phone call begins all time is charged. It is up to the client to alert their Quantum Techniques® practitioner if they have a budget or maximum length of session that they can afford prior to the initiation of the consultation. We record every session, as we speak quickly. We also recommend that you purchase ***Truth Techniques I*** and learn to self test. If you study the recorded sessions and learn to self test, you will learn how to do much of the work on your own.

Email Policy

You may email your Quantum Techniques® practitioner through the Quantum Techniques, LLC website (www.quantumtechniques.com). While we encourage clients to email us a history prior to starting and email an update prior to calling, we do not work via email. Our client load is so heavy that we simply cannot answer emails that ask us to answer questions. Most questions require us to scan your voice for answers. We charge for our time. Working via email is much more time consuming and would cost the client more and be less accurate. Do not ask your therapist to work over the internet. If you do your part, buy ***Truth Techniques I***, record the sessions and send us an update, we will move quickly and save you treatment costs.

If you are in crisis, do not assume that your Quantum Techniques® practitioner will get an email. Do not email them asking them to call you, especially during off-call hours. You must call and page a Quantum Techniques® practitioner if you are in crisis. Repeatedly emailing or waiting until off-call hours to call your Quantum Techniques® practitioner is not loving or caring for yourself. It is like going to your doctor's office after they have closed and taping a note to their door, asking them to call. They will not get that message until they go back on-call. Please take care of your needs and use the system we have created to contact your Quantum Techniques® practitioner.

Accuracy of Voice Testing

Voice testing, like applied kinesiology, is an advanced form of bioenergetic testing. There is no bioenergetic testing method that is infallible due to nuances of dynamically changing thought fields, willful intent and energetic interference. Accurate, effective testing requires a shared intentionality between the client and the healer. The intention should be to search for the truth of healing (cause and resolution) regardless of either party's bias as to what the solution "should" be. This is not to imply, however, that the person being tested is required to either believe in or understand the process for it to be effective. Even though testing and correction almost always proves to be effective with skeptics, it may be possible for a person to intentionally block the effectiveness of a test by shifting thought fields or by intentional misdirection. At QT, we have also added additional steps to eliminate possible inaccuracies and blocks that may occur in other forms of bioenergetic testing.

The Call Process

The office is on retainer to you. Just page us during our on-call hours whenever you are having a problem or would like to work on an issue. Unlike mainstream healing modalities, there is no need to suffer needlessly while waiting for an "appointment." We will return your call as soon as possible. When leaving your phone number, please be sure to include your area code. If you are in an acute crisis, please include 911 at the end of your phone number, and we will put your call next in sequence.

For the best results, remember to email your practitioner either the day before or morning of a requested session if possible. Let them know, in brief, the issue you would like to work on and any updates. For the best service, page your practitioner as early as possible on the day you would like a session, or, the night before, if you know you want a session. Some clients have paged us right before we go off call for the day or after we have left the office. If you do this, we may or may not be able to get back to you that day.

Please check your Quantum Techniques® practitioner's on-call hours on our website at www.quantumtechniques.com.

There is almost always someone who is available on weekends, holidays and in the evenings.

We work over the phone, not the internet. You are charged for our time. It is very cost effective to work within our system. Do not expect to send us an email and have us call you, or have us answer questions about your treatment over emails. It takes us five times longer to type an answer via email than to respond over the phone. We encourage clients to send us a one page email at least a couple of hours before calling, even the day before if possible. This allows us to quickly scan your information prior to the call and saves you money. Do not expect us to respond to emailed questions. They invariably fall into two categories: those already answered in our free manuals and on our website, and those that require us to scan your voice for information before we can answer your question.

When you call, leave a digital message as instructed in our voice message. We receive digital messages immediately. We often receive voice messages at the end of the day. If you are an international caller and have been asked to leave a voice message, always leave a digital message as well, otherwise it may be hours before we receive notice that you have called.

If you are a potential client, it is fine to email us with your interest. We recommend that you sign up for our email list on our homepage to receive a digital download of our manual to review prior to treatment. This will help you answer possible questions you may have and give you a head start before calling.

We encourage you to try the codes that you have, whether they are the universal ones from the Self-Help Section of this manual or previously given individualized codes from a session. However, if the sequences

you have do not do the job, do not be discouraged. Call us so that we can find the missing piece of information to get your code back “online” and working well. This could be a physical, emotional, or spiritual block of some kind.

Getting Started Quick

This section contains all the information you need to know to get started quickly and to get the most benefit from your bioenergetic correction.

- Time Saver Codes
- The Nine Gamut Sequence (9G)
- Standard Chakra Patterns
- Face, Body, and Hand Points Chart
- Energy Center Locations (Chakras)
- The Profound Love Code
- The Trauma Code

Please look at the Time Saver Codes and touch the body location points as shown on the following body, face and hand charts. Touch the points while saying each abbreviation and the word it stands for (for example, “eb for eyebrow”). This “enters” into the body the healing alphabet we use in our codes. After doing this, you will rarely have to actually tap out a code on the body. You’ll be able to simply read the code and the body will understand how to process the healing information.

Time Saver Codes (All points are bilateral)

Face and Body Points (Refer to Chart)	
3rd	Third eye, or the point between the eyebrows
eb	Eyebrow, where it goes into the bridge of the nose
oe	Outside of the eye on the bone between the eye and the temple
e	One inch under the eye
un	Under the nose, above the center lip
ch	Chin, the depression between the bottom lip and the chin
c	Collarbone spot-one inch down from the notch in the throat and one inch to either side
a	Four inches under the armpit on the rib cage
liv	Liver point: two inches below the nipple on the right or left side
Hand Points (Refer to Chart)	
th	Thumb, on the side of the thumbnail, on the side opposite the fingers
if	Index finger, on the thumb side of the finger nail
mf	Middle finger, on the thumb side of the fingernail
Lf	Little finger, on the thumb side of the finger nail
sh	Side of the hand midpoint between the wrist and first knuckle of the little finger
g50	Gamut spot, on the back of the hand between the knuckles of the little finger and the ring finger
9g	Nine gamut procedure (Refer to the instructions on the following page)
Chakras (Refer to Chart)	
HA	Halo spot 6 inches above the head
CR	Crown, on the top of the head
FO	Forehead (sometimes shown as FH)
TR	Throat
HT	Heart
SO	Solar plexus, stomach above the navel
PEL	Pelvis, 3 inches below the navel
TAIL	Tailbone at the base of the spine

The Nine Gamut Sequence (9G)

We've found this sequence to be universally beneficial, and it frequently appears as part of other sequences. It can also be done by itself to reduce general stress. You may do the steps of this sequence in any order. However, it is vital to repeat the humming **AFTER** the counting. For best results, learn this sequence so that you can easily do it without having to refer to the chart. Tap rapidly and firmly (but gently) on the gamut spot (on the back of the hand between the little finger knuckle and the ring finger knuckle) while you do the following. (The intent is to tap 3-5 times per position/step.)

1. Hold eyes open
2. Close eyes
3. Open eyes and look down to the right
4. Look down to the left
5. Whirl eyes in a circle one time.
Do not stop tapping
6. Whirl eyes in the opposite direction
7. Hum a short tune (at least two different notes - like "Happy Birthday")
8. Count out loud to 5
9. Hum at least two different notes.
Stop tapping

Standard Chakra Patterns

We have found two different chakra patterns that appear frequently at the end of our treatments. We call them standard chakra patterns, one and two. They are almost always interchangeable. Once you have read through and used these chakra patterns a few times, you may simply say "Standard chakra Pattern Number One or Number Two" at the end of any QT code.

You input the chakra pattern by thinking about each chakra location as you tap under the nose 5 times per each location.

The two standard chakra patterns are:

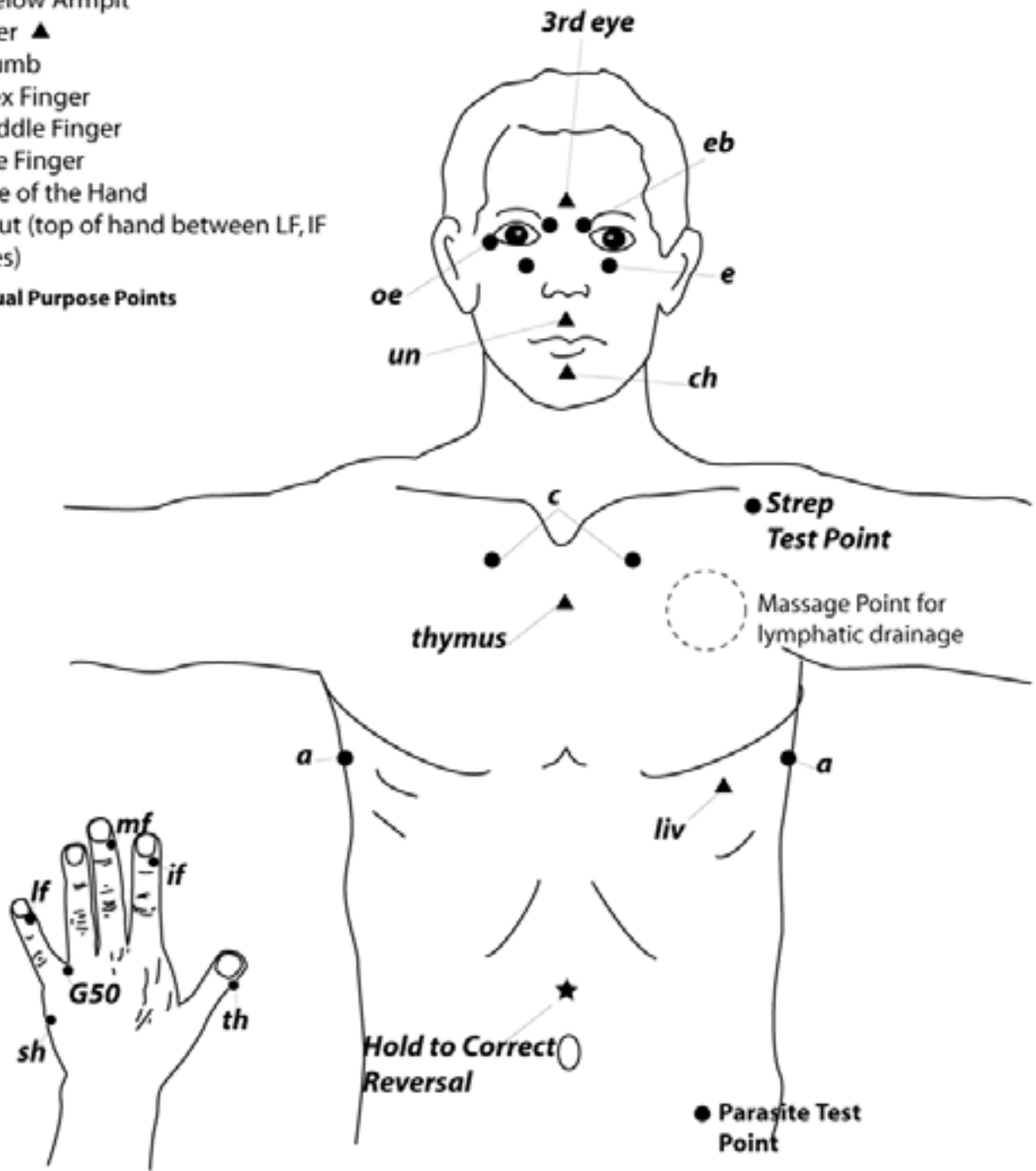
1. Forehead, Crown, Back of Head, Back of Throat (neck), Back of Heart, Crown, Forehead, Crown, Forehead, Throat, Heart, Solar Plexus, Pelvis, Tailbone
2. Forehead, Crown, Back of Head, Back of Throat (neck), Back of Heart, Back of Solar Plexus, Crown, Halo, Crown, Forehead, Crown, Forehead, Throat, Heart, Solar Plexus, Pelvis, Tailbone, Crown, Tailbone, Crown, Crown

Quantum Techniques® Face, Body, and Hand Points Chart

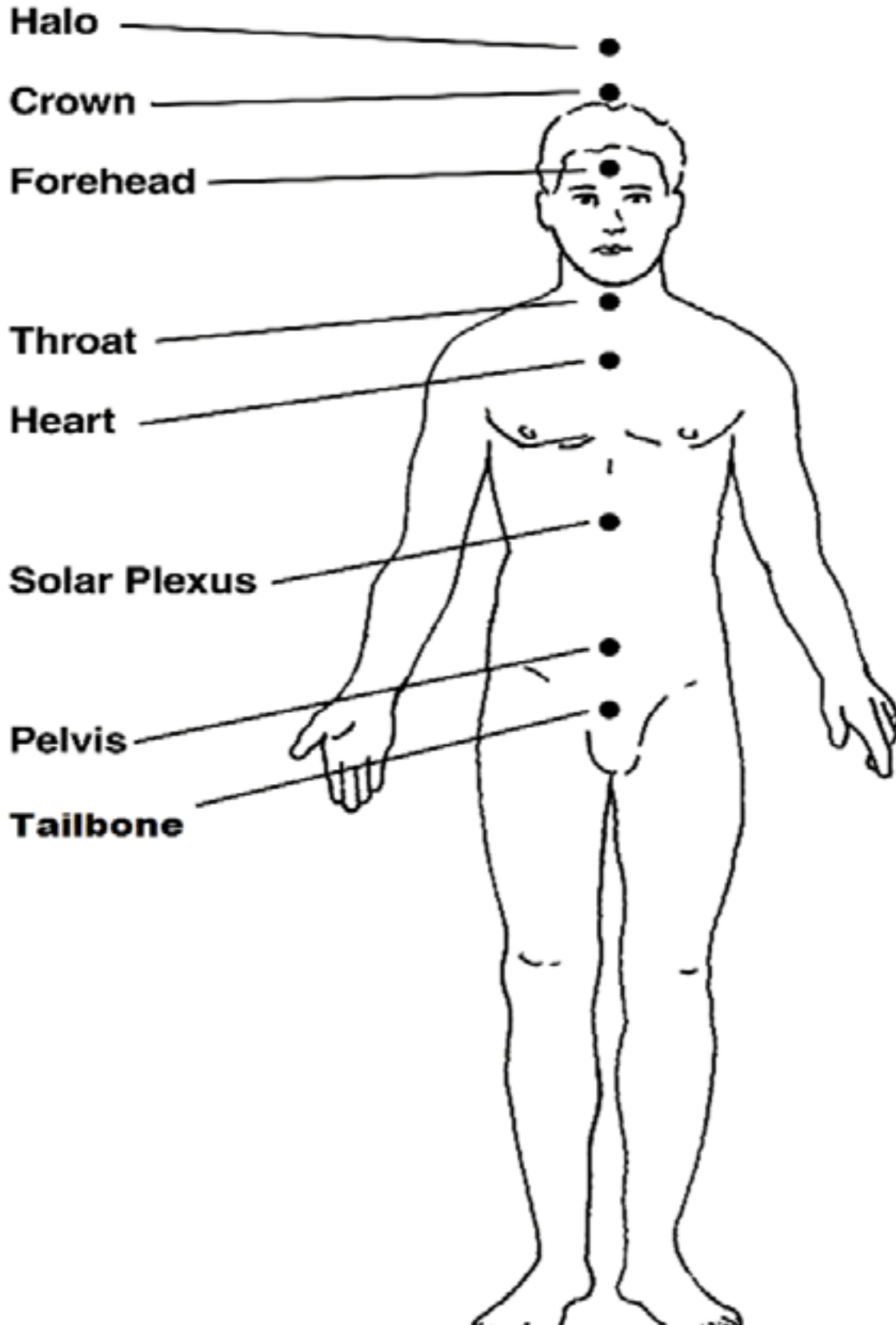
Treatment Points

- 3rd eye** - Between Eyebrow ▲
- eb** - Eyebrow ▲
- oe** - Outside of the eye
- e** - Under the Eye
- un** - Under Nose
- ch** - Chin ▲
- c** - Collarbone
- thymus** - Middle of Sternum ▲
- a** - 4" Below Armpit
- liv** - Liver ▲
- th** - Thumb
- if** - Index Finger
- mf** - Middle Finger
- lf** - Little Finger
- sh** - Side of the Hand
- g** - Gamut (top of hand between LF, IF knuckles)

▲ Dual Purpose Points



Quantum Techniques® Energy Center Locations



Components of Healing

Clearing Reactions

Clearing reactions, Herxheimer reactions, and “die-off” reactions can occasionally occur after a session. These reactions can be physical in nature or the full range of emotional symptoms. In general, when a clearing reaction does occur, it is an acute manifestation of what effect the toxins are having in a more chronic pattern. Since Quantum Techniques® allows for clearing many frequencies at a time, it is common to have some fatigue resulting from the energy expenditure required to clear so many items simultaneously. If you have a significant reaction that you are concerned about, please ask a practitioner for help. It is also helpful to set the intention to clear and flush the lymphatic system and detoxification pathways while reading your code. Also, see notes below on Detoxification. In addition, your practitioner can also add an “energetic filter” to the code so that the code is not as powerful (yet is still effective) in terms of causing a healing crisis.

Detoxification

Physical detoxification is a necessary part of having a healthy body. Drinking adequate water, deep breathing, infrared saunas, jumping on a rebounder, skin brushing, massage, colonics/enemas and detoxification baths are all highly beneficial for supporting the detoxification process. We recommend that you work with your practitioner to set up the best plan for you. People are individuals and vary greatly on their ability to handle certain amounts of detoxification. Many people with chronic illness must start slowly when detoxifying the body to avoid feeling unwell.

Using a Surrogate

Quantum Techniques® allows for assessment and correction through a surrogate. Through your voice on the phone, we can test for any other person or animal that you would like us to. Surrogate work is very effective. We have years of experience in working with surrogates for infants, animals, elderly, people in a coma, non-English speaking clients, and family members who may be around the world.

Nutritional Supplements

Ask your Quantum Techniques® practitioner to test to see if supplements would be significantly helpful, and if so, which ones. Your practitioner can test and tell you if you have specific vitamin and/or mineral deficiencies or excesses. It is important to have your practitioner test dosage as well. Sometimes when the body no longer needs a substance, it will start testing poorly because you no longer need it.

Energy Toxins

We were first introduced to the concept of energy toxins through the work of Dr. Roger Callahan. In working with Roger, we learned that energy toxins could undo or block an energy correction. Sometimes energy toxins are thought of as allergies. While there is a relationship between allergies and energy toxins, they are not synonymous. Allergies cause a histamine reaction somewhere in the body, whereas an energy toxin causes a disruption in the energy field which then causes distortion of energy function and can be responsible for almost any type of symptom. Being exposed to an energy toxin does not necessarily cause a histamine reaction. While all allergens are energy toxins, not all energy toxins are allergens. Think of how tired you feel

during an allergic sneezing episode. When QT work moves the majority of your cells into a deep love and healing state, almost all toxin reactions clear on their own.

Doris Rapp, M.D., in her book *Allergies and Your Family*, describes an allergy as an abnormal response to a food or something in our environment that usually does not cause symptoms in most people. Energy toxins fit this definition as well. Dr. Rapp also came up with the concept of a “barrel” to represent the measure of toxin content in the body. If your barrel fills up and overflows, you will develop illness or a symptom due to the overloading of the immune system. There are many things that contribute to the toxin content of the “barrel” beside energy toxins. These include fatigue, hormonal functions, underlying disease process, trauma and emotional factors. Describing an energy toxin as “anything that disrupts the energy field and impairs the immune system” allows us to correct a wide variety of maladies such as virus, bacteria, trauma and emotional issues. Some of the physical toxins that we test for at QT include inhalants (substances you breathe in), contactants (substances that touch your skin/hair), ingestants (foods, beverages, supplements, medications), and injectants (bites, stings, anesthesia, vaccines).

“THE ENERGY FIELD STARTS IT ALL.”
~PROF. HAROLD BURR, PH.D.
YALE UNIVERSITY

Toxins play a significant role in all chronic health issues as they frequently block or erase your attempts at healing (with all healing modalities). In addition to our scans and codes, we have found three products to be very helpful in clearing toxin reactions. The use of a product called Alka-Seltzer Gold shortly after exposure to an ingested toxin will often break the negative effects of the toxin. Additionally, buffered Vitamin C is helpful for toxin exposures, particularly ingested toxins. We have also observed benefit in the use of a product called organic sulfur (MSM powder/crystals at <http://www.organicssulfurstudy.com/>). It coats the body’s mucosal linings and gastrointestinal tract and actually absorbs and removes the toxins. The sulfur, when used consistently, can also help heal the gut which helps to prevent toxin sensitivities. (It should be noted, however, any substance, including organic sulfur, buffered Vitamin C and Alka Seltzer Gold, should be tested bioenergetically to be sure you are not sensitive to it.)

When a patient’s symptom is eliminated with QT, and it returns, oftentimes it is due to an energy toxin or a new pathogen (such as a virus). The return of symptoms may also be due to trauma or stress. Using QT, we can eliminate a patient’s long-standing chronic pain, physical symptoms or emotional problems 95-98% of the time. If you feel better after doing QT, then you start to feel worse again, that means you have a blocked or erased treatment or treatments. We would recommend you call for help if that occurs so that we can quickly identify the offending substance, virus, trauma, etc. that is blocking your progress. You may also learn to find the issue for yourself by starting with the learning of *Truth Techniques I* in our store. This product teaches you to self-test and to test toxins, etc. Many times, you can use the same code you already have to clear the current issue that is blocking your healing.

Reversals

It is difficult to talk about toxins without talking about the role of polarity reversal. When a person is chronically reversed in an area, no type of healing work will be effective. Even muscle testing will be inaccurate unless the reversal is corrected. Reversal means that the meridians in the body are flowing in the wrong direction. Besides toxins and pathogens, reversal can be caused by trauma, negative self-statements and beliefs, blocked emotions, spiritual attachments, conflict, and certain disease states such as cancer. When a reversal is active and chronic, the body’s natural healing is blocked, so, for example, medications are minimally effective, psychotherapy will not work, acupuncture will not work, the QT codes will not work and chiropractic treatment will not work without numerous readjustments.

The good news is, that with QT, these reversals can be quickly corrected and the body can be on the road

to recovery instantly. Frequently, when QT work clears the cause of a reversal, many other previously tried healing modalities are able to “download” into the energy system as they were intended to. So, in effect, the work you did was not lost.

You can temporarily clear reversal by tapping the SH point (side of hand) five times, then the UN point (under nose) five times, prior to reading your code. Then, while reading the code, we also recommend holding the “belly point” which is two finger widths above the navel. Holding this point will stop reversal for testing and treatment purposes. With all self-testing, we recommend you hold this belly point when you are testing for yourself or testing for others. It stops reversal so that the information you glean in your testing is accurate. ***Truth Techniques I*** in our store gives much more information on the subject of self-testing.

Dissociation and Frozen Trauma Fields

Dissociation is a powerful tool that allows us the ability to survive the unsurvivable. If there is significant trauma, especially before the age of five, in the absence of perceived environmental support, dissociated frozen trauma fields are created and held in the energy body. Once this occurs, it becomes the preferred way, unconsciously, to deal with trauma, neglect, stress, etc. as life progresses. Almost all chronic, non-healing illnesses have significant dissociative aspects that are blocking healing.

Divisions within the self are essentially why, in the absence of real healing, affirmations, by themselves, do not work. Positive affirmations simply put a thin veneer of good thoughts over a core of negative beliefs, unhealed trauma and frozen trauma fields. For affirmations to achieve their healing potential, the trauma, negative beliefs and frozen trauma fields must be brought to a place of healing and Light so that 100% of the person is saying and holding the positive intention.

We have developed very powerful and rapid techniques that allow frozen trauma fields to heal without requiring the individual to relive painful events or to reattach to the trauma “story.”

How to Enhance Your Healing

1. **Learn to self-test (especially for chronic cases).** Buy ***Truth Techniques I*** and master self-testing. 1. As with all of our products, you can return it within 60 days for any reason. This will allow you to save 75- 90% of the cost of your therapy. We want to equip you to be your own best healer and to be able to help others. We are only your guides. All of our practitioners will record your sessions and email them to you so you can re-listen and learn to do much of the work on your own. Once you learn to self-test, you will be able to learn all of our work through the products in our store, as most of them are built upon self-testing. We also have a mentoring program for high level students called the QT Elite.
2. **Avoid the substances that have tested as toxic for you until they test ok.** This will help you maintain the work you have done with QT to 100% effectiveness. This includes foods, supplements, personal care products, cleaners, etc. Your practitioners can recommend replacement foods and products that you can use that will be healthy for you and your family.
3. **Conscious and unconscious conflicts in your relationships and life choices** must be addressed and resolved in order for true healing to occur. In addition to doing the energetic sessions and work, one must often make lifestyle changes to create and maintain health. This includes dealing with current day relationships and choices that may be bringing you down.
4. **You are free to choose any QT practitioner of your choice.** If you feel your healing is not progressing rapidly enough, we encourage you to try another practitioner to gain another “set of eyes.”

- 5. Be willing to accept that your perceptions and emotions are powerful enough to affect your DNA and impact your healing.** We will need to address blocking beliefs and perceptions that are trauma-based for full healing. People with chronic conditions rarely heal completely and permanently without a profound change in world view. To paraphrase Albert Einstein, the most important decision you will make in life is whether you perceive the world as a place of joy, beauty and love or as a place of danger and something to be feared. It is critical to learn to love yourself and your life in the present moment, as that is all there ever is. Learn to be grateful and to live every moment of your life as a celebration, even the seemingly difficult moments. Your perceptions and beliefs about yourself, others, the world and the Divine must change if you are to heal from any chronic illness. Most of these perceptions and beliefs were in previous generations, in utero and before the age of 5, and are now largely unconscious. Quantum Techniques® allows you to heal and correct these issues. All healing happens NOW.
- 6. Be willing to do your forgiveness work.** As long as you are locked in pain and anger with someone from your past, you still live in that experience. Your body and unconscious do not know the images you play in your head are just memories. To your body, they are just as real as if they are happening right now. It is critical to cut yourself loose from the pain of the past. We carry in our bodies all of our unhealed traumas and our unwillingness to forgive, both ourselves and others. Medical intuitive Carolyn Myss states, "Your biography is your biology."
"How you fire is how you wire." When you repeatedly run a negative emotional scenario in your mind, you are laying down a neural net, a hard wired connection, to that trauma and negative emotion. As you do that, you put your cells in a profound flight or fight or freeze response. When these cells divide, they code for more cell receptors for fear, anger, rage, etc. and leave fewer receptor sites for taking in food, oxygen and healthy cell functions. As you heal and release the past, you have the ability to stop the creation of the next generation of cell receptors for anger, rage, fear, grief, etc.
- 7. Develop a spiritual life.** Ultimately, all healing is reconnection to the Divine. Your belief system or religion is not nearly as important as the experience of the Divine, in gratitude, in the Now. Disease is caused by separation; separation from the present moment, separation within yourself, separation from others, separation from God and lack of communication/separation within the energy field and physical body systems. Reconnection to your True self and the Divine heals. As you heal old trauma and pain from the past with QT, you will become much more able to live in the present moment and to experience the Truth of the Divine in your life.
- 8. Get involved in giving to something or someone bigger than yourself.** If you isolate yourself with your illness, it will devour you. Become part of or create a loving community. Get involved in a community that does not primarily identify itself with an illness. Beware of some support groups that have a great investment in their "sick" identity and status instead of looking for ways to heal.
- 9. Set healthy boundaries.** Learning how to set healthy boundaries is critical to help bring healing to many chronic health issues. A major part of this issue is learning that it is okay to say "No," something with which many chronic illness sufferers struggle. This not only includes respecting your own boundaries but also learning to respect the boundaries of others around you and to be able to hear "no" from them as well.
- 10. Learn to accept that your body is capable of healing itself.** With the beliefs of today's Western medicine philosophies, it is currently taught that healing requires something from outside of the body, the most common thing being a drug of some type. Learning to let go of this belief and accepting the belief that you were born with everything you needed to live a healthy life, will help clear healing blocks that prevent your body from healing itself.

- 11. Drink adequate water.** You need one liter of pure water (no lemon juice) per 50 lbs. of body weight per day. In addition, you need to match any drink containing caffeine with an equal amount of water. Staying hydrated is critical to optimizing the function of your body's electrical messaging system, which is crucial for proper cell to cell communication in the body. Impairments in intra-cellular communication diminish the effectiveness of any type of healing therapy, including Quantum Techniques®.
- 12. Eat protein within 30 minutes after getting up in the morning.** Eating a breakfast with high protein helps your body stabilize blood sugar levels for the rest of the day. This simple recommendation can greatly help many people who deal with fatigue, food cravings and disrupted sleep at night.
- 13. Use the Quantum Techniques® *Healing Meditation CD* to train your body to go into a profound healing state.** After listening to it for a while, you can typically recall the healing state with an image or sensation. This greatly enhances the power of the healing codes. (The Healing Meditation CD contains a metaphor of the medieval castle. If attack was imminent, everyone lined the walls to repel the attack. No one was harvesting, resting, cleaning the castle, etc. Tell the cells that there is no imminent attack. You can leave four sentries in the corners and direct all of your resources, all of your cells, back to the healing work. Then direct your intention to each healing area on which you are working. The metaphor and intention of the lymphatic system or cells throwing out all the waste and toxins from the cells is included.)
- 14. Use the *Profound Love Code*.** This Quantum Techniques® code is designed to help shift the cells of your body out of a fear state into a state of peace, growth and love. Cells that are stuck in a fear state stop normal daily functions which include absorbing nutrients and excreting toxins. This puts tremendous stress on the cell from the overload of toxins that begin to build until the cell is moved into a healing state.
- 15. Stimulate your lymphatic system on a regular basis.** The gentle up-and-down motion of jumping on a mini-trampoline coupled with deep breathing will do much to help your lymph system pull toxins out of your cells. It does not have to be vigorous or long, but a few minutes daily will make a significant difference in your healing. Any up and down motion while breathing deeply has this effect, so other activities you enjoy such as jogging, horseback riding, etc. will also be helpful. Skin brushing also stimulates the lymphatic system as does lymphatic massage.
- 16. Sign up for a Quantum Techniques® teleclinic.** Quantum Techniques® offers teleclinics on various subjects, many of which are free of charge. For example, there is the series "How to Clear Blocks to Energetic Self Testing". Check our website to find the current teleclinic schedule and to listen to our archived free teleclinics. If you like the teleclinic format, you can sign up to listen to live teleclinics for a nominal fee. Past teleclinics are also available for purchase in our on-line store. Some of these teleclinics include our popular series "What puts the "Chronic" into Chronic Illness and What QT Can Do About It." These teleclinics teach you to heal yourself. If you are interested in volunteering for a live free treatment to be aired on a future teleclinic, please contact support@quantumtechniques.com.
- 17. Speak your Truth in a loving way.** Live your life from a place of Truth. Your inner world reflects the outer world. Take a journey into spiritual consciousness to become truly free. Some of our favorite consciousness teachers are Guy Finley (guyfinleynow.org), Vernon Howard (anewlife.org), and Byron Katie (thework.com).
- 18. You must take financial responsibility and clear your balance each billing cycle.**
- 19. In chronic cases, set short-term measurable goals that are reviewed at least monthly with your Quantum Techniques® practitioner.** If you do not feel that you are progressing, try another Quantum Techniques® practitioner. We all work together as a team for your healing.

Appendix A – Self-Treatment

These universal codes work well for many people for many issues. Give them a try!

Your healing may be more complex and may require a session with an individualized code from a Quantum Techniques® practitioner over the phone. However, you will still gain benefit from using these codes in specific situations; for example, read the Toxin codes below if you ate something that doesn't agree with you, if you got a sting or bite, etc. These codes are like an energetic first aid kit.

You cannot overuse the codes. They are not like a medication! If your body doesn't need the particular frequency of the code, it will simply ignore it. The reading of the code will not harm you. It will help if you need it!

Simply read the codes if you have used this system before, or, refer to the Getting Started Quick section on page 22 . Touch the body location points while saying each abbreviation and what it stands for (for example, touch the EB point and say "EB for eyebrow"). This is how to input the informational system into the body prior to reading the codes. We recommend reading any specific code at least three times in a row or until you feel some relief from the issue. If you are dealing with a pathogen/infection frequency, read the code often throughout the day and into the next day, until you feel better.

We have found two different chakra patterns that appear frequently at the end of our treatments. We call them standard chakra patterns, one and two. They are almost always interchangeable. Once you have read through and used these chakra patterns a few times, you may simply say "Standard chakra Pattern Number One or Number Two" at the end of any QT code.

You input the chakra pattern by thinking about each chakra location as you tap under the nose 5 times per each location. These two standard chakra treatments are:

1. Forehead, Crown, Back of Head, Back of Throat (neck), Back of Heart, Crown, Forehead, Crown, Forehead, Throat, Heart, Solar Plexus, Pelvis, Tailbone
2. Forehead, Crown, Back of Head, Back of Throat (neck), Back of Heart, Back of Solar Plexus, Crown, Halo, Crown, Forehead, Crown, Forehead, Throat, Heart, Solar Plexus, Pelvis, Tailbone, Crown, Tailbone, Crown, Crown

Quantum Techniques® Universal Codes

- **Addictive Craving**

There is always a polarity reversal in an addiction. Toxins frequently bring cravings back.
sh e eb if e oe a c 9g

- **Anger**

Frequently a reaction to corn products.
eb e g50 sh g50 sh if e mf lf g50 sh e g50 sh if oe a c 9g un sh un

- **Anxiety**

Frequently a toxin issue.
e, eb, sh, g50, eb, e, mf, sh, if, e, eb, e, c, e, oe, a, c, 9g

- **Bacterial Infection**

Also check for a virus and treat the immune system. Viruses and bacteria often go hand in hand. Check to see how often to repeat.

sh, mf, eb, e, if, e, oe, a, c, 9g, g50, sh, if, lf, eb, e, if, eb, if, e, oe, a, c, 9g, un, sh, un, standard chakra pattern

- **Balancing Hormones**

This is the only code that frequently tests as being necessary to repeat 3 or 4 times a week for 2 to 4 months.

sh, eb, e, g50, sh, g50, sh, eb, e, sh, if, oe, a, c9g, un, un, standard chakra pattern

- **Depression**

sh g50 eb sh if g50 if oe a c 9g un if g50 eb if oe a c 9g

- **Fear**

e mf sh if eb sh eb if e oe a c 9g

- **Immune System Booster**

sh if eb mf sh if e eb e sh if e oe a c 9g un standard chakra pattern

- **Jet Lag**

Check for toxins since airplane air and food are highly toxic.

(West to East) sh mf if eb sh if eb e if e oe a c 9g standard chakra pattern

(East to West) sh mf eb e if e sh if e oe a c 9g standard chakra pattern

- **Pain (Emotional)**

sh mf g50 eb sh if e oe a c 9g

- **Pain (Physical)**

un if g50 sh if eb if oe a c 9g

- **Toxic Energy (From People)**

un g50 eb sh if lf if sh g50 eb sh if lf if oe sh if eb sh eb sh eb sh eb if lf sh if eb if eb if e oe a c 9g standard chakra pattern

- **Toxin Clearing Algorithm (General)**

sh mf eb if eb if e sh if e oe a c 9g g50 sh un sh un sh un if eb if eb sh if e oe a c 9g un sh un standard chakra pattern

- **Toxin Residue – Generic**

g50 sh if e eb e sh if e oe a c 9g g50 eb e mf sh if e oe a c 9g standard chakra pattern

- **Toxins – Contactant**

sh un sh un if eb e if e eb e if e oe a c 9g un sh un standard chakra pattern

- **Toxins – Hard Hitting Inhalants**

sh mf if mf eb if mf sh if e oe a c 9g un sh un standard chakra pattern

- **Toxins – Ingestants**

sh mf sh mf if eb if eb if eb e sh if eb e if e oe a c 9g standard chakra pattern

- **Toxins - Injected (Bites)**

sh if g50 eb sh if lf if sh eb e if lf eb sh if lf eb sh if g50 eb lf sh if lf sh if eb e lf sh if e oe a c 9g un standard chakra pattern

- **Trauma**

e lf eb mf eb if e oe a c 9g

- **Virus**

Check for bacteria and treat the immune system.

sh eb if sh if e lf sh if e oe a c 9g g50 sh if eb e if eb e if e oe a c 9g un g50 sh g50 sh if eb e if e oe a c 9g un sh un standard chakra pattern

EFT ALGORITHM

This is a generic algorithm developed by Gary Craig, the first VT trained person. His technique is called EFT (Emotional Freedom Technique). This is a multi-purpose sequence and can be used for any issue. We have added one additional point Cr, for the crown, or top of the head.

SH	Thumb
Eb	If
Oe	Mf
E	G50
Un	Lf
Chin	Sh
C (collar bone)	Cr
A	9G
Liv	

It helps to add the affirmation, "I deeply accept myself even though I have this _____." (Whatever issue you are addressing). Say this out loud while you are tapping out the sequence.

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Appendix B – Self-Testing for Toxins

Self-testing is a simple technique that almost everyone can learn with practice. The two most common blocks to learning self-testing are dehydration and inhaled toxins in your current environment (such as your laundry soap or perfume). The mastery of self-testing requires objectivity and neutrality of the outcome.

The following are two well-known ways to self test. If you are interested in a more reliable self-testing technique, and the mastery of self-testing, please refer to *Truth Techniques I* on our website.

O RING TEST

In all self-testing, you begin by correcting any reversals. Tap the side of your hand and under your nose five times. In this test, you form an O touching one of your fingers to the end of your thumb. If you have powerful hands, you may have to use the little finger. Try to maintain the same amount of pressure in forming the O. Say “I want to be healthy” and place the index finger of your other hand inside the O and try to pull it through the O, breaking the contact between the thumb and finger. It should be too strong (“positive”) for you to break the O. Now, keeping the same degree of pressure, say, “I want to be sick.” Again, place the index finger of the other hand inside the O and try to pull it through the O. If you are able to break the contact (get a “no” answer), then you may be able to use this technique. Practice until you can easily discern the difference.

Once you can reliably use this technique, then use the following pattern of statements to test yourself for toxins. In this example, we are testing “wheat”:

- Say, “Wheat,” and try to pull the finger through the O. If it breaks the O, then wheat is a toxin.
- Say, “Wheat, I want to be healthy,” and try to pull the finger through the O. If it breaks the O, then wheat is a toxin that reverses you. In general, toxins that reverse you have a more negative effect on your energy field than items that just test as toxins.
- Say, “Wheat, I want to be sick.” Now the finger should be weak and pull through the O.

If the above tests show wheat to be a toxin, you should avoid wheat and talk to your *Quantum Techniques*® practitioner about possibly addressing wheat sensitivity.

THE SWAY TEST

In this test, you stand up straight with your feet together. Place your hand over your heart as if you were going to say the pledge of allegiance. Then place your other hand crossing the first. Think of the item to be tested, write it on a piece of paper and hold it next to your chest or hold the actual item. Relax and try to be open and objective (which is particularly hard to do with chocolate.) Close your eyes. If the item tested is good for you, you will notice yourself leaning forward. If the item is a toxin, you will lean backwards. This test does not allow you to determine if the toxin reverses you.

Appendix C – Hidden Foods Listing

This is a list of common foods that can help you to identify which items to avoid, as these may be hidden within the products that are listed. For example, egg or by-products may be found in baking powders. Be sure to read all labels carefully.

EGGS

Baking powders
Bavarian cream
Breaded food
Bread
Cake flour
Cake
French toast
Fritters
Frosting
Frying batter
Rolls
Griddle cakes
Hamburger mix
Hollandaise sauce
Ice cream
Icings
Macaroni
Macaroons
Marshmallow
Mayonnaise
Meat loaf
Meat molds
Meringue
Noodles
Pancake flour
Pancakes
Salad dressing
Sauces
Sausage
Sherbet
Soufflés
Tartar sauce
Waffles
Wine

YEAST

Barbeque sauce
Beer
Brandy
Bread
Buns, Rolls
Buttermilk
Cake, cookies
Cereal
Cheese
Condiments
Crackers

Enriched flour
Fruit juice
Gin
Malted milk
Mayonnaise
Mince pie
Olives
Pastries
Pickles
Pretzels
Rum
Salad dressing
Sauerkraut
Soy sauce
Tomato sauce
Truffles
Vinegar
Vodka
Vitamins
Whiskey
Wine
Yogurt

WHEAT

Beer
Biscuits
Bologna
Bouillon Cube
Cake, Cookies
Cereal
Cook meat dishes
Chocolate candy
Corn bread
Crackers
Coco malt
Doughnuts
Dumplings
Flour rolled meat
Flour
Gluten bread
Gravy
Griddle cakes
Ice cream
Liverwurst
Lunch ham
Macaroni
Matzos

SOYBEANS

Baby food
Biscuits
Bread
Butter substitute
Cake
Caramel
Cereal
Crackers
Crisco spray
Hard Candies
Ice cream
Lecithin
Lunch meat
Margarine
Milk substitutes
Nut candy
Oil
Oriental sauce
Pastry
Pork link sausage
Salad dressing
Soup
Soy flour
Soy noodles
Tempura
Tofu

MILK

Au gratin dishes
Bavarian cream
Biscuits
Bread
Buttermilk
Cake
Cookies
Candies
Cheese
Chowder
Cocoa drink
Creamed food
Curds
Custard
Doughnut
Flour mix
Fritters
Gravy
Ice cream

Mashed potatoes
Omelets
Ovaltine
Ovamalt
Pancake
Pie crust
Rarebits
Salad dressing
Scalloped dishes
Sherbet
Soda crackers
Soufflés
Soup (creamed)
Spumoni
Waffles
Whey yogurt

CORN

Aspirin
Baking powders
Beer
Bleached flour
Cake, cookies
Carbonated drinks
Catsup
Chewing gum
Cough syrups
Cream pies
Dates
Distilled vinegar
Fritos
Frozen fruit
Glucose products
Graham crackers
Gravy
Ice cream
Instant tea
Jam, Jellies
Margarine
Popcorn
Powdered Sugar
Pudding, Custard
Sandwich spread
Soups (creamed)
Toothpaste
Tortillas
Vitamins

Appendix D – List of “Safer” Products

We developed the following resource list in response to requests by our environmentally-sensitive clients. This does not constitute an endorsement of these products nor a guarantee that everyone will be able to comfortably use them. It's offered in a spirit of service.

Category	Type of Product	Options
Household	Cleaners	Allen's Naturally, Granny's All-Purpose Cleaner, AFM SuperClean Unscented (AFM Enterprises), Bon Ami, baking soda, Borax, vinegar
Household	Dish Soap	Ecover, EZ Maid by Granny's, Allen's Naturally
Household	Dishwasher Soap	Seventh Generation
Household	Laundry Soap	Our Detergent, Seventh Generation Free & Clear, Country Save
Household	Softener	Baking Soda, Dryer Gloves
Household	Water Treatment	Miracle II Neutralizer Drops* or Alkaline Water Filter, such as Alka-Viva (www.healthiswealthmaui.com)
Make-Up	Concealer	Aveda or Jane Iredale Mineral Cosmetics or Origins.com, various cosmetics at health food stores
Make-Up	Eye Liner	See above
Make-Up	Eye Shadow	See above
Make-Up	Foundation	See above
Make-Up	Lipstick	See above
Make-Up	Mascara	See above
Make-Up	Powder	See above
Outdoors	Bug Spray (body)	Buzz Away, Neemtreefarms.com Botanical Outdoor Gel
Personal Care	Body Lotion	Miracle II Lotion*, MSM Lotion (two brands), Tate's the Natural Miracle Conditioner
Personal Care	Conditioner	Pure Essentials Fragrance Free by Earth Science, Tate's the Natural Miracle Conditioner
Personal Care	Face/Bath Soap	Miracle II Soap* and Moisturizing Soap*, Dr. Bronner's Pure Castile Unscented Soap, Omega Nutrition Unscented Natural Face and Body Soap, Pure Glycerine soaps
Personal Care	Mouthwash	Tom's of Maine
Personal Care	Shampoo	Pure Essentials Fragrance Free by Earth Science (also have a conditioner)
Personal Care	Hair Color	Lee Kassai, Creative Airs Beauty Salon 818-769-3666 (www.creativeairs.com)
Personal Care	Shaving Cream	Edge, Fragrance Free
Personal Care	Toothpaste	Nature's Gate, Tom's of Maine (fluoride free)
Pets	Anti-Flea	Miracle II Soap and Moisturizing Soap*, Dr. Bronner's Baby Castile soap, Food grade diatomaceous earth rubbed into coat and put on food
Pets	Pet Shampoo	Miracle II Soap and Moisturizing Soap*, Dr. Bronner's Baby Castile soap

Category	Type of Product	Options
Household	Fruit and Vegetable Wash	Environne Fruit and Vegetable Wash (800-282-9274) also at Trader Joe's and other health food stores

* For all Miracle II Products, please call 1-919-731-2355.

For further non-harmful products, please consult the following resources:

1. Nontoxic, Natural, and Earthwise by Debra Lynn Dadd (copyright 1990, G.P. Putnam's Sons).
2. Clean and Green: The Complete Guide to Nontoxic and Environmentally Safe Housekeeping by Annie Berthold-Bond (copyright 1990, 1994, Ceres Press).
3. www.janices.com
4. www.needs.com

Appendix E – Supplements

Alacer Corp		888-425-2362	emergenc.com
<i>Refers client to B&S Nutrition</i>			
Allergy Research Group		800-545-9960	allergyresearchgroup.com
	World Wide Callers-	510-263-2000	
<i>Client must provide the acct# 02-DAN-9646</i>			
<i>(Wholesale prices available - Client provides their own address & billing info)</i>			
American Nutraceuticals		888-848-2548	888vitality.com
	World Wide Callers-	360-852-8729	
BIOTICS (D.S.D Int.)		800-232-3183	
<i>Client needs to tell them they are ordering direct as a client of Dr. Stephen Daniel. Not available direct to patients. (Dan5101)</i>			
BSCC - Interactive Nutrition		855-762-7075	
Garden of Life		800-622-8986	gardenoflife.com
Lauricidin		877-770-7270	lauricidin.com
LifeSolutionsClub.net			lifesolutionsclub.net
(formerly Enerchizerco)		866-773-0748	
LifeWave, LLC : Energy Patches		866-202-0065	lifewave.com (rep page)
<i>If you want a better price on these products, ask us about becoming a distributor by emailing Steve@quantumtechniques.com.</i>			
Longevity Plus		800-580-7587	longevityplus.com
Miracle II Now	World Wide Callers-	919-731-2355	
<i>Client may provide ID#2865 and say they are a Good Samaritan for additional savings.</i>			
Organic Sulphur: Cellular Matrix Study		801-290-2013	organicsulfurstudy.com/
(True Bioavailable MSM)		Patrick McGean	
Our Detergent		800-747-3345	ourproductsonline.com
Oxygen Labs		800-250-5252	oxygennutrition.com
	World Wide Callers-	385-234-6880	
Premier Research Labs		800-325-7734	prlabs.com/
Professional Complementary		800-952-2219	professionalformulas.com
Health Formula Botanifuge	World Wide Callers-	503-479-3150	
Pure Essence Labs		888-254-8000	pureessencelabs.com
Shungite/EMF Shielding			store.shungite.com/
Sodium Chlorite Flakes or Solution / Molecular Silver		702-466-6336	a2zhealthproducts.com
Vitamin Research Products	Orders-	800-877-2447	vrp.com
	Customer Service-	888-362-1699	
	World Wide Help Desk-	817-785-4660	
	World Wide Orders-	817-785-4652	

How to Reach Us

Quantum Techniques® practitioners are a group who practice a new and exciting form of bioenergetic healing. You can find out all about us on our website at www.quantumtechniques.com. You can sign up on our website for announcements for new products and workshops. **Should you wish to make an appointment with a Quantum Techniques® practitioner**, contact the *Quantum Techniques*® practitioner of your choice at www.quantumtechniques.com.

We Appreciate You!

Thank you for participating in *Quantum Techniques*®. We appreciate your trust in us and our work! One of our primary goals is to provide you with the coaching, tools and confidence for you to heal yourself physically, emotionally and spiritually.

At Quantum Techniques, LLC and Healing Solutions, LLC, we are continuously developing new products and methods. Many of these new techniques are borne of experiences we share with our valued and diverse client base. We truly treasure these relationships!

For the very latest developments, including reviewing our calendar of events, we encourage you to check our web site at www.quantumtechniques.com/events/calendar. Here you can also review our latest products and information, join our Affiliate Program or simply ask us a question or provide a comment. Thank you and blessings!